COMMUNITY MENTAL HEALTH CENTER, INC.

2016 COMMUNITY HEALTH NEEDS ASSESSMENT
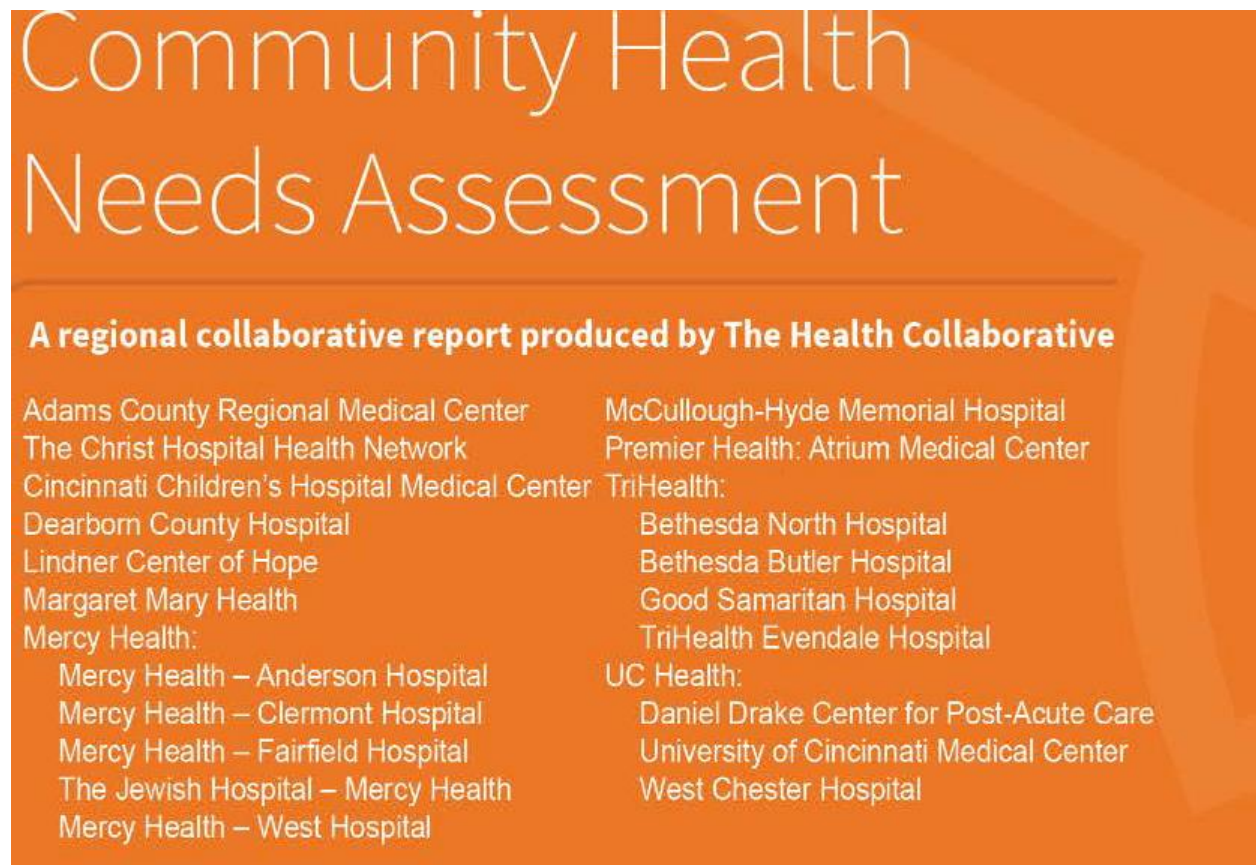
Executive Summary:

Every three years, nonprofit hospitals conduct a Community Health Needs Assessment (CHNA). This assessment seeks to better understand some of the needs of our community to assist us in making measurable improvements in community health and well-being. Our vision is to improve population health in the region by eliminating the gaps that prevent access to quality, integrated health care and by improving access to resources that support a healthy lifestyle.

Community Mental Health Center (CMHC) is pleased to make the Community Health Needs Assessment (nine counties in Southwest Ohio and Southeast Indiana) and the follow-up by CMHC available.

CMHC was an active participant in the regional collaborative CHNA report produced by the Health Collaborative. Specifically, CMHC participated in the needs assessments conducted by Dearborn County Hospital and Margaret Mary Health, along with other key stakeholders in the local communities served by CMHC.

This report will describe and reference key provisions of the Health Collaborative Community Health Needs Assessment. Most importantly, this report will outline the CMHC implementation plan as to how CMHC will address health needs and community concerns, themes, challenges, and opportunities. CMHC looks forward to being a community leader in facilitating a collaborative approach to addressing the needs, appropriate to CMHC's mission and capabilities. CMHC is currently a key provider which is addressing many of the needs identified in the Health Collaborative Community Health Needs Assessment.

Participants in the Health Collaborative Community Health Needs Assessment:

Community Health Needs Assessment

A regional collaborative report produced by The Health Collaborative

Adams County Regional Medical Center
The Christ Hospital Health Network
Cincinnati Children's Hospital Medical Center
Dearborn County Hospital
Lindner Center of Hope
Margaret Mary Health
Mercy Health:
    Mercy Health – Anderson Hospital
    Mercy Health – Clermont Hospital
    Mercy Health – Fairfield Hospital
    The Jewish Hospital – Mercy Health
    Mercy Health – West Hospital

McCullough-Hyde Memorial Hospital
Premier Health: Atrium Medical Center
TriHealth:
    Bethesda North Hospital
    Bethesda Butler Hospital
    Good Samaritan Hospital
    TriHealth Evendale Hospital
UC Health:
    Daniel Drake Center for Post-Acute Care
    University of Cincinnati Medical Center
    West Chester Hospital

Description of the Community Served/Service Area and Population:

Community Mental Health Center is a provider of comprehensive mental health services, offering inpatient, outpatient, residential treatment, housing, substance use disorder, gambling, sexual offender, supported employment, Intensive Family-based services, home-based, school-based, and community-based services to individuals and families in Dearborn, Ohio, Switzerland, Franklin, and Ripley counties in southeastern Indiana. CMHC also provides for primary care services. CMHC has partnered with other primary care providers and offers co-located primary care and behavioral health services at several of CMHC sites and at other provider sites. CMHC offers services at facilities located in the communities of Lawrenceburg, Vevay,

Batesville, Brookville, St. Leon. About 3% – 4% of the residents of the approximately 116,000 residents of CMHC's service area utilize the services of CMHC each year.

Southeastern Indiana is considered to be rural in nature. Great variation exists within the region. Dearborn County is primarily considered a rural suburb of Cincinnati, OH. Franklin and Ripley Counties are also a mixture of suburban and rural communities based on their proximity to Inter-State 74. Switzerland and Ohio Counties are extremely rural. The largest community is Batesville, with a population of 6600.

How the Community Was Determined/Methodology and Process:

Please see the Health Collaborative Community Health Needs Assessment, Chapter 2, pages 17–20 for an explanation of how the Community was determined.

Please see the Health Collaborative Community Health Needs Assessment, Chapter 3, pages 21–32 for an explanation of methodology and process was determined and carried-out.

Community Health Needs Identified in the CHNA:

Overview of Significant Health Needs:

Please see Health Collaborative Community Health Needs Assessment pages 46–48 which provides for an overview of regional significant health needs, unmet needs, and barriers. The significance for CMHC of these results are that substance abuse needs, mental health needs, and access to care are the regional top health need priorities. As the report indicates, the most striking difference in the intervening past three years since the last CHNA, is the increased awareness and severity of heroin and prescription drug abuse problem in the region. In most of the counties comprising the region, all but two counties identified that substance abuse was the top health issue.

CMHC Implementation Plan to Address Community Priorities:

CMHC is committed to address all identified needs by itself and via community collaborations and partnerships.

Access to Care:

CMHC will continue to be an active participant in working with all components of Indiana Medicaid and HIP 2.0, federal exchanges, and insurance. CMHC will address financial barriers by providing Navigators to assist individuals gain access to a payor source, if eligible. CMHC will continue to provide a continuum of behavioral healthcare and primary care to the behavioral health population; and provide opportunities for co-located behavioral and primary care. Workforce issues impact access to care. CMHC is actively engaged in seeking viable solutions to our workforce issues so that individuals will have timely access to providers. CMHC has instituted open access for assessment.

Substance Abuse:

CMHC is actively involved with addressing Substance Use Disorder (SUD) issues of individuals and families. CMHC staff are actively involved with community coalitions focused on this issue. CMHC provides active treatment via Intensive Outpatient treatment, is engaged with local Veteran's Courts, Drug Court, Community Corrections, is engaged with the Department of Children services (DCS) to provide treatment to parents involved with SUD and involved with DCS. CMHC is also actively engaged in providing Medication Assisted Treatment (MAT). CMHC provides for community education on this issue via articles in local newspapers. CMHC provides a residential treatment program called Unity House for individuals with mental health and SUD issues, utilizing the evidence-based treatment Integrated Dually Disordered Treatment program. This program is also provided for community-based. CMHC is very supportive of local peer/recovery-oriented initiatives.

Mental Health:

CMHC provides for a continuum of mental health treatment, including crisis/emergency services, inpatient or crisis stabilization, outpatient services, community-based & school-based services, case management, intensive family-based services, supported employment, housing for homeless individuals with mental health issues. Prevention is addressed via newspaper articles on mental health topics, school-based educational programs on mental health topics, working with community partners re early childhood detection and intervention services.

CMHC works closely with the local NAMI to address stigma and treatment. The focus has been on family education and in instituting Critical Incident Training (CIT) with local law enforcement personnel, which will address proper engagement and intervention by law enforcement with persons with mental health and SUD issues.

SUMMARY:

CMHC will continue to address needs within its mission and focus, and within its capacity to do so. CMHC is vested in working with local health providers, local governments, schools, businesses, and other local stakeholders to address the health needs of our communities served. CMHC is oriented to address lifestyle/healthy behaviors that have an impact on so many health conditions which were also identified in the report.