

Community Mental Health Center, Inc.

The 1960s were a time when America was experiencing a great deal of turmoil, both internally and in its role in the world at large. While confronting a number of challenges, the federal government was beginning to come to grips with many of the country's needs, including those surrounding behavioral health. After signing of the Community Mental Health Act in 1963 by President John F. Kennedy, momentum was gaining toward development of a nationwide system of facilities to help individuals, families and communities to get treatment for behavioral health issues.

For Community Mental Health Center, Inc., April 1966 brought enactment of the agency's articles of incorporation. This event was the culmination of two years of work to establish CMHC as the behavioral health services provider for Southeastern Indiana. After a little more than another year, in July 1967, with the opening of our first outpatient office in Lawrenceburg, our agency began its journey to this year's celebration of 50 years of continuous presence in our region.

During the last 50 years, we have worked to improve the lives of thousands of individuals and families in Dearborn, Franklin, Ohio, Ripley and Switzerland counties and beyond. We have forged ongoing partnerships with other valued providers in our region, including Southwestern Ohio and Northern Kentucky. As well, our mission has grown to encompass both physical and behavioral healthcare as we continue to develop a holistic approach to helping our communities.

While we can reflect on a successful history and legacy, the challenges of the future give us pause to summon the courage to continue moving forward. An uncertain health care environment, as well as continuing competition for resources and patients, will challenge us to affirm our resolve to stand with our communities as we look toward another 50 years of caring for our patients, families and communities.



**50 Years, Still
Going Strong, and We
Embrace the Future!**

Annual Report to the Community 2017

Partnering for Wellness: Healthy Mind. Healthy Body. Healthy Life.

From the Executive Director

Community Mental Health Center, Inc. marks another important milestone in our organization's history in 2017. We are celebrating the 50th anniversary of the opening of our first office and the provision of services in 1967. This celebration follows last year's observance of the 50th anniversary of the enactment of our Articles of Incorporation in 1966. Both events are significant in creating the groundwork for CMHC's form, structure, and services. Most importantly, they laid the bedrock of our values of commitment, integrity, respect, caring, and excellence, which have been ever-present since then.

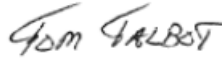
I take great pride in our organization and am proud of our rich legacy. Today, we stand upon the foundations built by our predecessors, and we continue to work to help develop strong communities and to provide excellent behavioral and physical healthcare to local citizens.

The staff members of CMHC strive daily to live our mission: "Partnering for Wellness: Healthy Mind. Healthy Body. Healthy Life." We continue to use this framework to partner with our patients, to focus on their recovery and on their journeys toward wellness. In our work, we offer hope and we transform and save lives. We add a human touch that makes a significant difference in the lives of those we serve. Our vision, values, and hard work have helped us to experience another successful year.

We place great value on the energy, creativity, and sincere desire and passion of CMHC's staff members to achieve our outcomes and to help our patients to experience and maintain fulfillment in daily living. I invite you to read the many accomplishments set out in this report, including expansion of our excellent programs and services, better access to these, enhanced community engagement, and an impressive fiscal result.

We constantly move through a difficult present and are faced with an uncertain future healthcare environment. We remain committed to meeting new challenges and to striving for positive change. We continue to seek new opportunities, encourage collaboration, promote innovation, and demand the highest level of integrity, transparency and performance, while honoring CMHC's distinguished tradition of service.

On behalf of CMHC's Board of Directors, our leadership team, our staff members, and our community partners, thank you for your continued support of our efforts to meet the behavioral and physical health needs of the individuals, families, and communities we serve.



Tom Talbot
Executive Director

From the President of the Board of Directors

Each and every year for the past 50 years, Community Mental Health Center, Inc. has made a difference in the lives of our community members. Last year was no exception, as we provided more than 50,000 patient visits, including those for inpatient services, outpatient services, home- and school-based services, and residential treatment programs. As we celebrate this milestone anniversary, we are provided with an opportunity to reflect on the dedication of our staff members and on the years of service delivered by these individuals, as well as on the impact we have made in our community.

It is a great honor for me to serve as Board President for this vital organization. I see firsthand the hard work taking place to serve the people in our five-county service area. As a *community* mental health center, we know that the lives being touched are those of the families, friends and neighbors of all of us in Southeastern Indiana.

You need only to turn to any news source today to be reminded of the turbulent healthcare environment facing CMHC. Under the steady leadership of Executive Director Tom Talbot, CMHC again rose to the challenge and met budget this past year. We know that the healthcare field faces an uncertain future, but we remain confident that we can continue to chart a successful course as your behavioral health partner.

As we celebrate our 50th year, our staff members will make every effort to ensure a healthy mind, body and life for everyone in our community now and for the next 50 years.



Dr. Andrew Poltrack
President, Board of Directors

Partnering for Wellness: Healthy Mind. Healthy Body. Healthy Life.

Financial Report

The following financial report is from the unaudited records of Community Mental Health Center, Inc. as of June 30, 2017. Audited financial statements will be available after November 15, 2017.

Revenues

Total Value of Services Provided \$19,089,924

Less Charity Care (\$650,735)
 Less Contractual Adjustments (\$4,487,032)
 Less Bad Debt (\$631,079)

Net Patient Service Revenue \$13,321,078

Public Support

State Funds \$1,565,535
 County and Local Funds \$657,227
 Federal Funds \$1,614,027
 Medicaid Funds Recovery \$1,015,124
 Other Funding Sources \$357,509

Total Public Support \$5,209,422

Total Revenues \$18,530,500

Expenses

Wages and Benefits \$12,724,575
 Operating Expenses \$1,538,273
 Facilities, Transportation, Contractual \$2,561,210
 Depreciation \$580,393

Total Expenses \$17,404,451

Increase in Net Assets \$1,126,049

Highlights of our past year . . .

There have been many exciting and significant developments in our programs during the past year. Please read on to learn more!

Community Support Services/Housing Services

In Community Support Services and Housing Services, a number of events have occurred in the past year . . .

- Treatment teams successfully transitioned individuals for whom CMHC is representative payee for their disability benefits to a single representative payee account instead of having individual case managers handle accounts for their patients. An accounting specialist position was created to administer daily operations of the payee program.
- The North Continuous Treatment Team (NCTT) hired two new case managers, one of whom has a medical background, which assists in integration of primary healthcare with behavioral healthcare. Two South Continuous Treatment Team (SCTT) case managers are working toward advanced degrees in behavioral health fields.
- NCTT in Batesville worked with patients to create and care for a garden to encourage healthy meal planning and lifestyle choices. This was done with the support and assistance of a dietician from the local Purdue Extension office.
- The South Continuous Treatment Team (SCTT) piloted a two-day turnaround for service documentation in an effort to improve timeliness and quality. Early results of the trial were promising as SCTT managers continue to work with staff members to improve service documentation.
- SCTT implemented a new walk-in intake process for patients referred through the CSS division.
- SCTT staff members accompanied 10 patients to the annual KEY (Knowledge Empowers You) Consumer Conference in Indianapolis.
- The Integrated Dual Disorders Treatment (IDDT) Team has continued to experience significant growth in referrals for both community-based and residential treatment. As a result, the team has increased staffing in an effort to meet the demand for services, doubling the size of the community-based team.
- The IDDT Team continues to focus on helping patients forge relationships that have enhanced community and natural supports and harm reduction.
- The Community Assisted Supported Employment (CASE) Program has dramatically increased revenue from the Ticket to Work program, assisting individuals in securing and maintaining gainful competitive employment. The team

Continued on next page . . .



CMHC Licenses, Certifications & Accreditations

CMHC, Inc. is licensed as a psychiatric hospital by the Indiana Division of Mental Health and Addiction. CMHC is also certified by DMHA as a community mental health center, as a residential provider, and as a managed care provider for seriously mentally ill adults, severely emotionally disturbed children and adolescents, and individuals with substance use disorders. CMHC is endorsed by DMHA as a provider of services for problem gambling. CMHC is accredited by CARF. CMHC is a member of the Indiana Council of Community Mental Health Centers and the National Council for Behavioral Health.

Affirmation of Policy

CMHC steadfastly maintains equal opportunity in all its activities, including admission, accessibility to services and employment. All CMHC services are provided without regard to race, religion, disability, gender, color, age, national origin, ancestry, ethnicity, sexual orientation, political belief, status as a veteran, or any other characteristic protected by federal, state or local law.

Celebrating the Golden Anniversary of the Opening of Our First Offices

Partnering for Wellness: Healthy Mind. Healthy Body. Healthy Life.

CSS/Residential Services . . . Continued

also is in the process of expanding to maximize opportunities for working with individuals through the state's Vocational Rehabilitation Services.

- CMHC Housing Services facilities are currently operating at full capacity, with a waiting list for incoming referrals. One formerly homeless resident was successfully able to return to work, leave CMHC housing, and purchase his own home. CMHC has maintained a number of grants from the U. S. Department of Housing and Urban Development (HUD) for homeless individuals and families. These housing resources now support 88 of 111 total beds available in Housing Services. Additionally, Unity House, the residential component of the IDDT Program, has 10 residential treatment beds for individuals with co-occurring serious mental illnesses and substance use disorders.

Inpatient & Emergency Services

Managers and staff members in Inpatient Services and Emergency Services participated in the following activities in the past year:

- The Inpatient Unit admitted 506 patients and answered 675 crisis calls during Fiscal Year 2017 (July 1, 2016, through June 30, 2017).
- In August 2016, Kristi Beck, R.N., B.S.N., was hired as Director of Inpatient Services.
- By the end of Fiscal Year 2017, Unit patient capacity had been re-established at 16 beds, after some staffing challenges early in the fiscal year resulted in temporary reductions in patient capacity to ensure quality of care and patient and staff safety and security.
- Inpatient Unit managers and staff members successfully developed and completed plans of correction after participating in CMHC's CARF accreditation survey in April of 2017 and in audits and site visits from the following federal and state agencies: Centers for Medicare and Medicaid Services (CMS); the Indiana State Department of Health, and the Indiana Division of Mental Health and Addiction.
- Inpatient Unit managers and staff members participated in education and training in seclusion and restraint, cultures in the hospital setting, individualized treatment planning, behavior de-escalation techniques, aroma therapy, and music therapy.
- The Unit saw a decrease in episodes of seclusion and restraint for the year, from 22 in Fiscal Year 2016 to nine in Fiscal Year 2017. The response process to calls for assistance with patients who are becoming aggressive was modified to decrease stimulation for patients and to provide additional approaches for de-escalation of acting-out behaviors.
- Unit managers are continuing to work to improve medication management processes. Efforts are helping to enhance patient care and to significantly reduce medication error rates.
- The Unit was extensively renovated, with new furniture, painting of patient rooms and office areas, and decorating to improve the overall treatment milieu for patients on the Unit and the work environment for managers and staff members.
- The Inpatient Unit has expanded its programming to offer nursing groups and trauma-informed care groups
- The Unit has implemented use of the Clinical Institute Withdrawal Assessment (CIWA), a 10-item scale for assessing and managing alcohol withdrawal. All Unit staff members are trained in using the CIWA. This has helped enhance assessment skills when treating patients going through alcohol withdrawal and has helped improve patient care.
- Inpatient Unit managers and staff members continued to develop nursing competencies in collaboration with IVY Tech Community College. The Unit hosted nursing students from IVY Tech and Beckfield College for required clinical placements, and the Unit hosted a social work intern. Unit managers continue to work to develop collaboration opportunities with schools and agencies in the region.

- Work is ongoing to implement features of our electronic health record to be able to document Inpatient Services more effectively and to gather data for reporting.
- A position was created for an Indiana healthcare navigator to assist patients with finding available health insurance coverage, where applicable, and to increase enrollment of eligible patients using the Presumptive Eligibility process for Medicaid. This has helped a number of self-pay patients to secure a payer source for their healthcare needs, significantly reducing agency costs for uncompensated care.
- Inpatient Unit managers created a committee to work with staff members on enhancing patient care and on team-building processes.
- Emergency Services continues to use rotating shifts of clinicians who volunteer on an ongoing basis for assignments for crisis intervention services. CMHC provides emergency services 24/7, and our volunteer clinicians cover evenings, weekends, and daytime back-up calls.
- Inpatient Unit managers and staff members participated in an agency-wide initiative in the community in Dearborn County to develop a Crisis Intervention Team (CIT). Those collaborating in this effort included area law enforcement officers, firefighters, and other first responders. CMHC is continuing to help coordinate development of



CITs throughout our five-county service area. Off-duty law enforcement officers also have been trained and hired to provide regular security coverage for the Inpatient Unit during designated hours, including 24-hour coverage on weekends.

Harmony Health Clinic

Harmony Health Clinic successfully completed the one-year extension of the grant from the Indiana Division of Mental Health and Addiction for our primary care integration project. The program functions independently within the programming structure of CMHC. HHC's main offices continue to be located at our Ludlow Apartments facilities, and program staff members regularly are spending time providing services at our Dearborn Plaza Office in Lawrenceburg and at some of our facilities in Batesville. HHC now employs an advanced practice nurse, a nurse care manager, and a medical assistant.

Health, Wellness and Training

CMHC provided the following health, wellness and training opportunities:

- Flu vaccination clinics and vouchers for staff members
- CPR training for staff members required to maintain CPR qualifications
- Management of aggression training for all staff members
- Defensive driving training for all staff members

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Intensive Family Services

During the 2016 calendar year, staff members in our Division of Intensive Family Services served 751 children, adolescents, and family members. Division managers and staff members were very busy in the past year.

IFS has partnered with various community stakeholders to improve the lives of children and families:

- An IFS staff member received a Heart of Gold Award in Dearborn County for her work in the community.
- Franklin County IFS staff members had a coat, glove, and hat drive for families in need.
- IFS managers and staff members participated in a “cross systems symposium” to improve outcomes for children and families in Dearborn and Ohio counties by improving communication between child-serving systems.
- We have been a member of the Ripley County Juvenile Detention Alternatives Initiative, to increase positive futures and provide patient-focused treatment as an alternative to placing juveniles in detention.
- We offered outreach by attending provider fairs in multiple locations, including Greensburg and Franklin County schools and Reid Hospital.
- We participated in the annual Stayin’ Alive Memorial Day Family Fun Day in Franklin County.

IFS managers and staff members worked with the Department of Child Services (DCS) to provide services and supervised visitation to promote children’s safety and family preservation. We have participated on child protection teams in Dearborn and Franklin counties. We have expanded homemaker services into Franklin, Fayette and Union counties. We have regularly participated in regional, local, and child and family team meetings to improve communication and outcomes with DCS.

We participated in Project LAUNCH, an early childhood committee, focused on improving access, prevention and services available for youth ages birth to eight years and their families. As part of this initiative, we provided early childhood mental health consultation to staff members of “The Incredible Years,” a program that works to engage families, educators and providers in developing positive relationships, positive behaviors, and positive outcomes. Several staff members have received their endorsement in Infant Mental Health Services, and we have a therapist trained in the evidence-based practices of Parent-Child Interaction Therapy (PCIT) and Teacher-Child Interaction Therapy (TCIT). We partnered with One Community, One Family and Project LAUNCH to provide TCIT in a local preschool. The goals of TCIT are to increase positive and purposeful teacher-child interactions, enhance relationships and classroom management skills, increase teacher confidence, and reduce stress and burn-out.

We have worked to expand services in area schools. IFS has a therapist and a facilitator in Batesville schools, a facilitator at Switzerland County Elementary School and Jefferson-Craig Elementary School, a

facilitator at South Ripley Elementary School, and facilitators in the following schools in Franklin County: Franklin County High School, Brookville Middle School, Brookville Elementary School, Laurel Elementary and Jr. High, and Mt. Carmel School. We are working to establish services with Sunman-Dearborn and South Dearborn community schools.

We assisted five area schools in the second year of implementation of Positive Behavior Interventions and Supports (PBIS), a team-based systematic approach to teaching behavioral expectations throughout a school. PBIS is based on a proactive model which teaches positive behaviors, reinforces those behaviors, and recognizes students who are able to model these behaviors, then puts systems in place to support students who may have a difficult time with those behaviors or who may present more challenging behaviors.

We participated in a planning grant with Franklin County schools and provided support for several area schools with their applications for another possible grant to support school counseling. We participated on the Batesville School Health Provider committee.

We received a grant which allowed us to begin providing an evidence-based practice called the Curriculum Based Support Group (CBSG). Fifteen supervisors and staff members were trained to facilitate groups. CBSG programs have been offered in Franklin County and Switzerland County, with more planned for next year. This group teaches essential life skills that reduce key risks for substance abuse, delinquency, and violence.

We continue to provide Wraparound Services, which is an evidence-based model. Wraparound Facilitators recently received a three-year renewal of their certification. We have a wraparound supervisor who focuses on maintaining model fidelity.

Our Transition to Independence Process (TIP) Program is an evidence-supported program model for youth ages 14 to 29. We were awarded a third year of grant funding for services to transition-age youth. We utilized our second year of funding to train new staff members in the model and to have three staff members certified as trainers. We also participated in enhanced training for the TIP model, and training included staff members from Youth Encouragement Services, Inc. in Dearborn County. TIP has also been offering STRIDE, a transition youth skills weekly training group.

We participated in a state work group to develop and implement new reports formulated with data from assessment instruments that are used statewide. We participated in multiple learning opportunities such as Indiana Youth Institute Trauma Training, the Annual Indiana Systems of Care Conference, and the Indiana Council of Community Mental Health Centers Child and Adolescent Conference.

Outpatient Services

Staff members in Outpatient Services participated in the following activities in the past year:

Directions! Support & Advocacy Services

- Cathy Dwyer, Program Manager of Directions!, worked with Ripley County Prosecutor Ric Hertel to present a training on sexual assault response teams that was attended by prosecutors, emergency room nurses, support advocates, law enforcement officers, and treatment providers from five counties
- Directions! hosted its annual Take Back the Night event in April. The evening featured presentations by Dearborn County Prosecutor Lynn Deddens and two students from East Central High School on the topic of social media and sexual coercion
- Directions! once again was awarded a grant by United Way of Franklin County to provide prevention services in local schools
- School programs were presented at 25 schools in the five counties in CMHC’s service area (Dearborn, Franklin, Ohio, Ripley, Switzerland), resulting in multiple disclosers and survivors receiving resources and counseling services
- Support and Advocacy Services (SAS), the rape crisis support component of Directions!, provided services and support to 69 survivors of rape and sexual assault during the year.

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Partnering for Wellness: Healthy Mind. Healthy Body. Healthy Life.

Who We Served in 2016-17

Community Mental Health Center, Inc. provides comprehensive behavioral health services to consumers in Dearborn, Franklin, Ohio, Ripley and Switzerland counties in Southeastern Indiana. Services range from case management to inpatient hospitalization to intensive family and outpatient services to residential services. Our consumers receive services for a variety of reasons, including: depression, bipolar disorder, schizophrenia and schizoaffective disorders, substance use disorders, anxiety disorders, stress-related problems, post-traumatic stress, borderline personality disorders, problem gambling, family relationship issues, anger management, and school-related issues.

We work with the Indiana Division of Mental Health and Addiction to serve a variety of key population groups, including children and adolescents with severe emotional disabilities and their families, youths and adults with chronic addictions, and adults with serious mental illnesses. CMHC and DMHA strive to use available resources to produce the best possible outcomes for our consumers.

In State Fiscal Year 2017 (July 1, 2016, through June 30, 2017), CMHC served more than 5,000 consumers from Dearborn, Franklin, Ohio, Ripley and Switzerland counties, from other counties in Indiana, and from out of state. Of those clients, about 50% were female and about 50% were male. Consumers served ranged in age from infant to 65 years and older. Most were adults between the ages of 18 and 64 years.

We are your partner for behavioral health, and we emphasize a wellness-based approach in line with our mission statement — Partnering for Wellness: Healthy Mind. Healthy Body. Healthy Life.



Dolores "Dodie" Baker and Rev. David Patterson are two of the founders of Community Mental Health Center, Inc. Both were instrumental in the early work to incorporate CMHC, in helping to build our first Board of Directors, and in helping to lay the groundwork for our many future successes. We respect and value the contributions made by both Ms. Baker and Rev. Patterson throughout their many years of service.

Outpatient Services, continued . . .

Outpatient Services

- Laura Harmon was hired as program manager for Outpatient Services in Batesville and St. Leon.
- Martin Justice, Program Manager of Outpatient Recovery Services, become a board member of the Tristate Trauma Network. CMHC continues its efforts to become a more trauma-informed agency in its approaches to providing treatment.
- Fran McClelland and Heidi Kuntz, therapists with Outpatient Services in Brookville, participated in Main Street Night in conjunction with representatives of the local office of the Indiana Department of Child Services to provide information about CMHC services.
- All staff members providing treatment for substance use disorders participated in a three-day training to learn Cognitive Behavioral Interventions, a program developed by University of Cincinnati.
- Kick-off for the federal grant to enhance treatment for people in recovery through the use of technology took place in October 2016. Participants use a mobile application that can be accessed to find meetings, get immediate support to avoid triggers, and get a list of coping strategies and other resources to maintain sobriety. The grant funds a three-year project that began in Lawrenceburg but which will be initiated, as well, in four additional outpatient locations.
- The Batesville Outpatient Office developed a teen coping skills group. Batesville now has four recovery groups each week, using both the Cognitive-Behavioral Interventions for Substance Abuse curriculum and the Seeking Safety counseling model.
- On October 1, 2016, CMHC joined Lawrenceburg police and EMS to form a Quick Response Team to reach out to people who survive overdoses to engage them in substance use disorders treatment.
- Michelle Howard, Program Manager for Outpatient Services in our Vevay Office, in conjunction with Martin Justice, Program Manager of Outpatient Recovery Services, worked with a local judge, jail personnel, and a probation officer to begin providing substance use disorders services to individuals held in the Switzerland County Jail.
- Amanda Sheeley, a School-Based Services therapist, and Dr. Nancy Janszen, Director of Outpatient Services, were trained as presenters of Question-Persuade-Refer (QPR), a model used to understand warning signs of suicide and to intervene with individuals to help them connect with behavioral health services.
- Emily Striegler, Program Manager for the Brookville Office, was named to the executive board of Franklin County Stayin' Alive and participated in numerous events, including the Franklin County 4-H Fair, Family Fun Day, National Night Out, and Hope over Heroin.
- The St. Leon Office began offering daily office hours in June to improve access to services to people in northern Dearborn County.
- Miami University placed two doctoral students in psychology with CMHC for their year-long externships.

Telehealth

CMHC continued to develop our telemedicine/telehealth psychiatric services. Patients in Brookville received psychiatric services from a prescriber in our Batesville office through videoconferencing. We have plans to use this new method of treatment in a variety of ways to ensure that people in all parts of our service area receive the most efficient, effective and convenient services.

Open Access

People of all ages in need of behavioral health services walked into our outpatient offices in Lawrenceburg, Vevay, Batesville and Brookville. In all, 1,979 individuals had initial appointments for services. Other individuals may schedule initial appointments, may request to re-engage in treatment with their previous therapists, or may be referred to Outpatient Services following an admission to our Inpatient Unit. In total, more than 2,400 clients were engaged in treatment services through this division in the past fiscal year.

Celebrating the Golden Anniversary of the Opening of Our First Offices

Where It All Began for CMHC, Inc.

In 1963 and 1964, the foundation was laid for the origin of Community Mental Health Center, Inc. In 1963, Public Law 88-164, the initial federal legislation providing for a national system of community mental health centers, was passed. The major components of the law were the statement of services to be provided, the definition of a catchment area (a community of 75,000 to 200,000 persons) and the authorization of federal funds for construction of community mental health centers. No funding was provided for staffing in 1963, but a 1965 amendment to this legislation allowed grants for initial professional staffing.

A local Mental Health Planning Committee was formed to survey mental health needs and resources in Dearborn, Franklin, Ohio, Ripley and Switzerland counties. Recommendations were made to the Indiana Department of Mental Health regarding the need for a local community mental health center.

Three years of meetings regarding the creation of a community mental health center in Southeastern Indiana commenced in late 1964. On March 10, 1965, the first meeting of the Regional Mental Health Planning Committee took place at the Sherman House in Batesville. Those present were: Mr. Ray J. Hillenbrand, Batesville; Dr. Leslie M. Baker, Aurora; Dr. Bernard Bradman, Cincinnati; Mrs. Gladys Gay, Brookville; Mr. Ralph Gookin, Napoleon; Mr. Joseph J. Hunteman, Batesville; Mr. Gerald Johnson, Rising Sun; Dr. Marvin Kaplan, Brookville; Mr. Anthony Lesko, Aurora; Mr. Sewell Milliken, Cincinnati; Mr. Chester E. Pickett, Brookville; Mrs. Naomi Plaskett, Florence; Mr. Lawrence Sheets, Brookville, and Mrs. Dolores E. Baker, Aurora.

One of the activities engaged in by the committee was a needs and issues survey of area school superintendents, school principals, hospital administrators, welfare department directors, social agencies and clergy. Eight sitting committees were formed by the regional planners: Services to Adults; Services to Children; Services to the Aged; Retardation Services; Publicity; Administration and Finance; Legislative and Steering.

A Board of Directors began to meet in 1966. Articles of Incorporation were certified in April of 1966. The first Board was made up of the following members: Dearborn County – Dr. George Morrison, Mrs. Leona Cole, Mrs. Ralph Green, Mr. Harry Spanagel, Mr. Gibson Kinghorn, Rev. David M. Patterson, Mr. Arlin Hooker, and Dr. W. S. Stout; Franklin County – Mr. Hubert Hornung, Mr. Kenneth Hertel, Mrs. Helen Smith, and Mrs. Hazel Greatbatch; Ohio County – Mrs. Nancy Mauricio and Mr. Harry Purcell; Ripley County – Mr. Charles Blair, Rev. Wilbur Budke, Mr. Albert Morris, Mrs. Margaret Harris, and Mr. Ralph Blanken, and Switzerland County – Mr. Chester Callis and Mrs. Dorothy Burley. The Articles of Incorporation were prepared by Lawrenceburg attorney Harry L. Zerbe.

At the May 25, 1966, meeting of the Board, the first slate of officers was elected. Officers were: Mr. Ralph Blanken, President; Dr. George Morrison, First Vice President; Rev. Wilbur Budke, Second Vice President; Mrs. Nancy Mauricio, Secretary, and Mrs. Helen Smith, Treasurer. This first slate of officers was unanimously re-elected at a meeting December 7, 1966.

From mid-1966 through late 1967, the Board searched in earnest for staff and space to set up shop. In July 1967, a storefront operation was opened in Durbin Plaza on Front Street in Lawrenceburg with three mental health professionals who provided outpatient services. In late 1966/early 1967, an offer was made by the Board of Directors of Dearborn County Hospital of a donation of land next to the hospital on Bielby Road for construction of a free-standing facility. The hospital site was one of three under consideration at the time by the Building Committee of the Board of Directors, and the generous offer was accepted, as it allowed for future plans which eventually resulted in the construction of CMHC's Inpatient Unit in 1976.

The Bielby Road facility, now commonly referred to as the "Main Center," was opened in October 1967. The project was financed by state and local funds. By 1974, CMHC was operating satellite offices in Brookville, Rising Sun and Vevay, as well as in Lawrenceburg. The Center began offering day treatment services in the early 1980s, and case management and residential services were soon to follow, as community support services began to play a key role in the expansion of CMHC, which continues today.

(Originally published in the 2002 Annual Report for our 35th anniversary)



Revitalizing Our Commitment to Our Foundation

While we've been celebrating our 50th anniversary this year, work has been underway for some time to re-activate the regular and routine functioning of Community Mental Health Foundation, Inc. The Foundation, though inactive for several years, has continued to accept donations to support the mission of Community Mental Health Center, Inc., "Partnering for Wellness: Healthy Mind. Healthy Body. Healthy Life." Contributions have come from staff members and vendors and from donations for memorials to individuals who have passed away. Some funds have been distributed for some activities historically supported by the Foundation.

Established more than 40 years ago, the Foundation is an avenue by which you can help ensure that our quality services will continue to be available to individuals throughout the area we serve. The Foundation offers financial assistance to programs and activities that are selected based on recommendations by the CMHC Board of Directors or by CMHC staff members.

We have been enjoying the celebration surrounding our golden anniversary, but we recognize the necessity to look to the future. It is understood that the demand for our services grows more each day, often in urgent and dramatic ways, as exemplified in the opioid abuse epidemic that has gripped the Tri-State region for several years now.

You can help. We ask you to consider contributing to the Foundation. Your tax-deductible donation will help sustain valuable and necessary programs and services that meet the behavioral health, physical health, and addictions needs of our patients, many of whom you know, some of whom may be your family members or friends. Donations may be sent to Community Mental Health Foundation, Inc., 285 Bielby Road, Lawrenceburg, Indiana 47025. Information may also be found on our website at www.cmhcinc.org. Click on the "About" tab, then click on the "Foundation" link.

Thank you for your support of Community Mental Health Foundation, Inc. Together, we can make meaningful efforts to promote healthy individuals, families, and communities.

He who has health has hope, and he who has hope has everything — Arab Proverb

Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity — World Health Organization

The staff members and
Board of Directors of
Community Mental
Health Center, Inc.
thank you for your interest in
our Annual Report.

We believe our future is bright,
and, with you as our partner,
we can make that belief a reality!

For more information about
Community Mental
Health Center, Inc.,
please visit our
website at www.cmhcinc.org.