

What is Same Day Access (SDA)?

Same Day Access allows individuals to receive an initial mental health or substance use intake assessment on a walk-in basis, without the need to schedule an appointment in advance.

Who is eligible for SDA services?

SDA is open to any individual seeking behavioral health or substance use services. This includes adults, youth, and families who are new to INcompass Healthcare or returning for services after a lapse in care.

Do clients need a referral to use SDA?

No. Clients can walk in without a referral. However, community partners are welcome to notify us in advance if a client is planning to attend, especially if they may need additional support (e.g., language services, mobility accommodations).

What services are offered during SDA?

Clients will receive:

- A same-day intake assessment by a licensed clinician
- Screening for mental health and/or substance use needs
- Referrals to appropriate internal or external services
- Assistance with insurance verification and financial eligibility (on-site)

Who can I contact with questions?

For general SDA inquiries or to coordinate client support, email registration@incompasshc.org.

Where and when is SDA available?

SDA services will be offered at multiple INcompass Healthcare clinic sites. Walk-in hours and locations are listed in the attached flyer.

What should clients bring?

Clients should bring:

- A photo ID
- Insurance card (if insured)
- Proof of income (last 4 paystubs, a W-2, tax return, unemployment letter, or a self-employment statement if applying for financial aid)
- Guardianship/Placement Letter (if applicable)
- List of any current medications (if applicable)

Is interpretation or translation available?

Yes. We offer interpreter services through in-person, phone, or video options. Let us know in advance if a client needs a specific language or communication accommodation.

What happens after the intake?

Following the assessment, clients will be scheduled for the next appropriate appointment, which may include:

- Individual or group therapy
- Psychiatric services
- Medication management
- Substance use treatment
- Care coordination or case management

How can I help clients prepare for SDA?

You can:

- Share the attached flyer with walk-in details
- Encourage clients to arrive early during SDA hours
- Let us know ahead of time if clients may have complex needs or require additional support

